

## WHAT'S NEW IN THE CLASSROOM?

- M2 & M3: Increased classroom exposure to psychotherapy including evidence base and methods
- PGY1: Motivational Interviewing & Client Centered Counseling
- PGY2: Brief Dynamic and Interpersonal Psychotherapy
- Incorporation of all PGY Psychotherapy Seminars into a single integrated course



DEPARTMENT OF PSYCHIATRY AND  
HUMAN BEHAVIOR

## PROGRAM IN PSYCHOTHERAPY

The Program in Psychotherapy (PIP) is a new training initiative designed to enhance and modernize psychotherapy training.

## WHAT'S NEW OUTSIDE THE CLASSROOM?



### GROUP THERAPY

Expanded opportunities for training in group psychotherapy



### MEDIA CLUB

Quarterly media club events to foster critical thinking and practical application of relevant concepts



### SUPERVISION GUIDES

Materials to support greater integration of classroom and applied learning

## TIMELINE FOR IMPLEMENTATION

- 2018-2019 (THE CATCH-UP YEAR)

The M2, M3, and PGY1 classes will follow the curriculum as designed during the current academic year. The PGY2 class will receive the entirety of the curriculum on a slightly delayed schedule. The PGY3 class will receive the updated psychodynamic curriculum. The PGY4 class will receive additional group therapy training.

- 2019-2020

Full, regular implementation of PIP

**“It all depends  
on how we look  
at things, and  
not how they are  
in themselves.”**

- Carl Jung-